Nova Scotia
Prescription Monitoring Program
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Nova Scotia Prescription Monitoring Program

The Nova Scotia Prescription Monitoring Program (NSPMP) is a government funded program implemented to promote the appropriate use of narcotic and controlled medications and furthermore to control and prevent the misuse and abuse of the same.

How the NSPMP Program Works

Data is collected from all prescriptions filled for monitored drugs. The new online system allows information to be entered into the PMP system at the time of dispensing allowing doctors and pharmacists to have access to real time data regarding patient use and prescribing. As well, pharmacists are provided with messages when dispensing monitored drugs that are intended to provide information to the pharmacist and promote communication. Pharmacists are provided with information regarding patient’s medications that have been filled elsewhere as well as messages confirming the validity of the prescription being filled.

NSPMP analyzes all the information on a monthly basis and in some cases will contact prescribers for additional information. When there is a case of misuse or abuse NSPMP will investigate the issue with prescribers and may involve law enforcement officials if need be.

NSPMP Guidelines

Prescribing of controlled drugs in Nova Scotia:

- A monitored drug is designated as any drug that is a controlled drug pursuant to the Controlled Drugs and Substances Act (Canada) and appears in the schedules to the Controlled Drugs and Substances Act (Canada) as it is amended or any successor legislation – except testosterone, when dispensed as a compound and drugs listed in the Schedule 1, Parts 1 and 2, of the Benzodiazepines and Other Targeted Substances Regulations to the Controlled Drugs and Substances Act (Canada).

- Monitored drugs must be written on a triplicate prescription pad, except as noted below.
• Prescribers are not permitted to share personalized prescription pads.

• The new prescription pads contain a “PMP ID” pre-printed on the pads that correspond with the individual prescriber. The old pads do not contain this information. The PMP can supply a reference sheet to look up prescribers’ PMP IDs by license number if they receive an old pad. Prescribers have been asked to stop using old pads.

**Requirement to Register with NSPMP**

• Pharmacists and pharmacies are required, by the regulations and legislation, to be registered with the NSPMP. If a pharmacist is not registered, he/she will be unable to adjudicate claims within the on-line system.

• When a store changes ownership, opens, or moves to a new location, the NSPMP must also be notified. Proper coverage has to be reassigned to the new profile for claims to be adjudicated online.

• Prescribers must be registered with the NSPMP to prescribe monitored drugs.

• Prescribers are not permitted to share personalized prescription pads.

• Prescriptions not currently monitored by the NSPMP:
  
  o Prescriptions written by Veterinarians are not monitored at this time.

  o Prescriptions for monitored drugs for long term care patients, as defined by the Homes for Special Care Act, are not required to be written on a triplicate form – they are to be adjudicated and sent to PMP on-line using the process outlined below.

  o Prescriptions for Federal inmates are not required to be written on a triplicate – they are to be adjudicated and sent to PMP on-line using the process outlined below.

  o Prescriptions for an in-patient of a hospital, as defined by the Hospitals Act, are not required to be written on a triplicate form. These are not monitored at this time.

**Handling Part-Fills**

• Refills or partial fills of existing prescriptions (the yellow copy has been sent to PMP for data entry) are not to be submitted to PMP on-line.
• Please do not enter total quantity and total days supply on prescriptions that will have future part-fills dispensed. Each part-fill is to be entered on-line as it is dispensed.

• The first fill of a part-fill is received by NSPMP as "N" (new) and all of the following part-fills are received as "R" (refill/part-fill).

**Prescriptions Not Entered into the Online System**

• If a pharmacist is unable to submit a prescription on-line to the PMP, they may utilize the “back door” functionality that the vendor has incorporated into the store’s software. Please refer to your vendor’s instructions.

• If a prescription is not filled using on-line adjudication, the yellow copy must be forwarded to the Nova Scotia Prescription Monitoring Program within 30 days.

**Health Card Types and Numbers**

Prescribers have been asked to legibly record a valid health card number and date of birth on each script as below:

• Nova Scotia residents select NS and indicate the HCN
• RCMP officer, select RCMP and indicate the RCMP ID #
• Canadian Forces member, select CF and indicate the CF ID #
• Out - of - province patient, select the province and the indicate the HCN
• Out -of - country patient, select “NSG” / indicate “Out Of Country”
• Office use prescription, select “NSOU” / indicate “Office Use”
The new PMP system is designed to validate health card numbers and types. The following table provides the correct format for health card numbers in each province and for special groups such as the RCMP:

<table>
<thead>
<tr>
<th>Province</th>
<th>Health Care Number</th>
<th>Cardholder Identity</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alberta</td>
<td>9 Digits</td>
<td>AB</td>
<td></td>
</tr>
<tr>
<td>British Columbia</td>
<td>10 Digits</td>
<td>BC</td>
<td>Begins with a “9”</td>
</tr>
<tr>
<td>Manitoba</td>
<td>9 Digits</td>
<td>MB</td>
<td></td>
</tr>
<tr>
<td>New Brunswick</td>
<td>9 Digits</td>
<td>NB</td>
<td></td>
</tr>
<tr>
<td>Newfoundland</td>
<td>12 Digits</td>
<td>NL</td>
<td></td>
</tr>
<tr>
<td>Nova Scotia</td>
<td>10 Digits</td>
<td>NS</td>
<td></td>
</tr>
<tr>
<td>Nunavat</td>
<td>9 Digits</td>
<td>NU</td>
<td></td>
</tr>
<tr>
<td>NWT</td>
<td>1 Letter + 7 Digits</td>
<td>NT</td>
<td></td>
</tr>
<tr>
<td>Ontario</td>
<td>10 Digits</td>
<td>ON</td>
<td></td>
</tr>
<tr>
<td>PEI</td>
<td>8 Digits</td>
<td>PE</td>
<td></td>
</tr>
<tr>
<td>Quebec</td>
<td>4 Letters + 8 Digits</td>
<td>QC</td>
<td>First 3 letters of last name and first letter of first name</td>
</tr>
<tr>
<td>Saskatchewan</td>
<td>9 Digits</td>
<td>SK</td>
<td></td>
</tr>
<tr>
<td>Yukon</td>
<td>9 Digits</td>
<td>YT</td>
<td></td>
</tr>
<tr>
<td>Canadian Forces</td>
<td>1 Letter + 8 Digits</td>
<td>CF</td>
<td></td>
</tr>
<tr>
<td>RCMP</td>
<td>5 or 6 Digits</td>
<td>RCMP</td>
<td></td>
</tr>
<tr>
<td>NSG</td>
<td>0011984275</td>
<td>NSG</td>
<td>For out of country</td>
</tr>
<tr>
<td>NSOU</td>
<td>0011984283</td>
<td>NSOU</td>
<td>For office use</td>
</tr>
</tbody>
</table>

**NOTE:** Due to privacy restrictions the NSPMP does not collect DIAND numbers.
Methadone Compounds

Use the following PINs for methadone compounds:

- Use the PIN that best corresponds with the patient’s **TOTAL** daily dose in **Mg**.
- Indicate the **QUANTITY** as you enter it currently.
- Indicate the **DAYS SUPPLY** as applicable:

<table>
<thead>
<tr>
<th>Total Daily Dose (Mg)</th>
<th>PIN</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt; =100</td>
<td>00994100</td>
</tr>
<tr>
<td>101-200</td>
<td>00994200</td>
</tr>
<tr>
<td>201-300</td>
<td>00994300</td>
</tr>
<tr>
<td>301-400</td>
<td>00994400</td>
</tr>
<tr>
<td>401-500</td>
<td>00994500</td>
</tr>
<tr>
<td>501-600</td>
<td>00994600</td>
</tr>
<tr>
<td>601-700</td>
<td>00994700</td>
</tr>
<tr>
<td>701-800</td>
<td>00994800</td>
</tr>
<tr>
<td>801-900</td>
<td>00994900</td>
</tr>
<tr>
<td>&gt;901</td>
<td>00994999</td>
</tr>
</tbody>
</table>

Compounding PINS

Select the PIN that best corresponds with the **MONITORED DRUG** in the compound.

<table>
<thead>
<tr>
<th>Monitored Drug</th>
<th>PIN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Generic narcotic compound</td>
<td>00994000</td>
</tr>
<tr>
<td>Cannabis compound</td>
<td>00994001</td>
</tr>
<tr>
<td>Cocaine compound</td>
<td>00994002</td>
</tr>
<tr>
<td>Codeine phosphate compound</td>
<td>00905518</td>
</tr>
<tr>
<td>Dextroamphetamine/placebo trial</td>
<td>00903169</td>
</tr>
<tr>
<td>Hydromorphone compound</td>
<td>00994006</td>
</tr>
<tr>
<td>Ketamine compound – topical</td>
<td>00903072</td>
</tr>
<tr>
<td>Ketamine compound – oral</td>
<td>00994007</td>
</tr>
<tr>
<td>Methadone – 1mg/ml compound</td>
<td>00994012</td>
</tr>
<tr>
<td>Methadone – 4mg/ml compound</td>
<td>00994004</td>
</tr>
<tr>
<td>Methadone – 5mg/ml compound</td>
<td>00994005</td>
</tr>
<tr>
<td>Methadone – 10mg/ml compound</td>
<td>00999381</td>
</tr>
<tr>
<td>Methylphenidate trials</td>
<td>00903149</td>
</tr>
<tr>
<td>Methylphenidate compound</td>
<td>00994008</td>
</tr>
<tr>
<td>Morphine hydrochloride compound</td>
<td>00994009</td>
</tr>
</tbody>
</table>
### Nova Scotia Prescription Monitoring Program

<table>
<thead>
<tr>
<th>Compound</th>
<th>PIN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Morphine sulfate compound</td>
<td>00999955</td>
</tr>
<tr>
<td>Nabilone compound</td>
<td>00994003</td>
</tr>
<tr>
<td>Pentobarbital USP compound</td>
<td>00903128</td>
</tr>
<tr>
<td>Phenobarbitalone compound</td>
<td>00994010</td>
</tr>
<tr>
<td>DHEA (prasterone)</td>
<td>00994013</td>
</tr>
</tbody>
</table>

- 00994000 is available to use when there is no other suitable PIN available for a compound that contains a monitored drug.
- This PIN is to be used one time only - please notify the PMP when this PIN is used so that an appropriate PIN can be obtained for future use.
- 00994012, 00994004, 00994005, and 00999381 are only to be used when filling office use scripts for methadone clinics. These PINs CANNOT be used for patient fills.
- 00994007 is to be used to differentiate between TOPICAL and ORAL Ketamine compounds.
- “Placebo” drugs for clinical trials do not need to be submitted on-line.

### Double DINS

The computerized PMP system will electronically accept claims for two or more strengths of the same drug, written on one PMP prescription pad number. The claims must be for the same person and from the same prescriber. Each claim may be submitted as a new prescription. Situations where this may occur include the following:

- Drug strength written is not commercially available. E.g. A prescription written for MS Contin 130mg would be filled with two different strengths of MS Contin.
- Ritalin trial prescriptions.

The computerized PMP system will accept the first part-fill of a prescription as a “new” prescription. Subsequent part-fills will be accepted as “refills” using the same PMP prescription pad number.
Long-Term Care Facilities

Prescriptions written for patients living in LTC facilities are not typically written on a triplicate prescription pad but the PMP legislation does require that these scripts be submitted online to the PMP. Please note one change (PMP pad number) for this claim entry type:

- Enter each patient’s provincial health card number
- Patient’s Name, patient’s date of birth, patient’s gender
- Enter the prescriber’s PMP ID (example: NS00000123)
- In lieu of PMP pad number, enter “LTC”
Federal Penitentiary Inmates

If your store works with federal penitentiaries, please note 3 significant claims entry changes for this type of claim:

- Enter patient type as NSG
- HCN 0012124947 (generic health card number to be used for all FEDERAL inmates)
- Patient’s Name, Patient’s DOB, Patient’s gender
- Enter the prescriber’s PMP ID (example: NS00000123)
- In lieu of PMP pad number, enter “FEDP”

![Image of NS Triplicate PMP Information window]

- **NS PMP Triplicate #**: FEDP
- **Patient ID Type**: NSG (Out of Country)
- **Patient ID**: 123456789

**Doctor**

**Dr. Green, Hannah**

**Doctor PMP #**: NS00002673
Office Use Prescriptions (NSOU)

Prescriptions that are being filled for use in a clinic or prescriber’s office are to be entered as follows:

- Cardholder Identity: NS
- HCN: 0011984283 (NSOU)
- Days Supply: 999
- DOB: 01/01/01 (or 01/01/2001)
- Gender: U
- Last name: CLINIC or OFFICE
- First name: Clinic’s NAME or Prescriber’s Last name

![Image of NS Triplicate PMP Information dialog box]

<table>
<thead>
<tr>
<th>NS PMP Triplicate #</th>
<th>NS00000123</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient ID Type</td>
<td>NSOU (Physician for Office Use)</td>
</tr>
<tr>
<td>Patient ID</td>
<td>123456789</td>
</tr>
<tr>
<td>Doctor</td>
<td>Dr. Green, Hannah</td>
</tr>
<tr>
<td>Doctor PMP #</td>
<td>NS00002673</td>
</tr>
</tbody>
</table>
Seafaring Ships

Prescriptions that are filled for monitored drugs for a ship’s supply are to be filled as Office Use (NSOU). Please populate the following fields as below:

- Cardholder Identity: NS
- HCN: 0011984283 (NSOU)
- Days Supply: 999
- DOB: 01/01/01
- Gender: U
- Last name: SHIP
- First name: Ship’s name

Stolen Pad Messaging (RUA)

This message indicates that the prescription pad has been reported stolen by the prescriber and the prescription cannot be filled.

- A stolen message can only be set by the NSPMP.
- The Prescription Monitoring Program and its’ Board of Directors believe that the safety and health of pharmacists, store staff and customers should take priority in any situation. No pharmacist should put themselves or others in harm’s way enforcing program policy or procedures.
- The customer does not need to be detained at the store if they present a stolen prescription.
• Pharmacist should rely on their professional judgment when dealing with a patient.

Void Messaging (RUC)

This message indicates that the prescription pad and the script numbers associated with that pad have been inactivated; probably because the prescriber has moved out of province or reported he has lost the prescription pads. Unless there are special circumstances the pharmacist cannot fill the prescription.

• Only the Prescription Monitoring Program can void a prescription and it cannot be adjudicated.
• Only the Prescription Monitoring Program can remove a “Void” message associated with a prescription.
• Pharmacists should always use their professional judgment when dealing with a patient.
• A voided prescription showing up at a pharmacy does not necessarily mean a fraud has been committed.

Filling a PMP Prescription

Enter your complete prescription as normal. When you have completed the data entry, the NS triplicate Prompt will appear.

![NS Triplicate PMP Information](image)

Fill in the **NS Triplicate PMP Information** fields according to the script below:

• NS PMP Triplicate #
- An 8 digit ID number unique to each prescription
- Patient’s Individual Health Care #
- Doctor PMP #
- A 10 Character number starting with NS.
- **NB the NS must be capitalized for this to go through PMP**
If you have escaped out of the form, or need to make changes, you can do so by selecting **Rx > View NS Triplicate PMP**.
Once completed, triplicate information will be added to the Rx, Patient, and Doctor cards:

**Rx Card:**

![Rx Card Image]

**Patient Card:**

![Patient Card Image]

**Doctor Card:**

![Doctor Card Image]

Successful adjudication of the Rx will result in the following response from PMP:

![Adjudication Response Image]
Troubleshooting PMP Rxs

Problem: A ‘Prescriber Not Authorized’ message is returned and PMP rejects the script.

Solution: Check the Doctor card

- Is the PMP license # entered with a lower case “ns”? 
- Is the license # entered incorrectly? Do you have 10 Digits 
- Have you entered the PMP Script number instead of the Prescriber ID?

Problem: A narcotic mixture prescription is not prompting for PMP information.

Solution: Check the Mixture card. Have a look at the components for the mixture. Then check the Drug Card for the actual component. Is the Triplicate flag enabled?
Problem: The prescriber has written for part fills.

Solution: On the F12 screen, enter the quantity that you are dispensing right now in the Disp Qty field. Enter the total quantity that the prescriber has authorized in the Auth Qty field. Kroll will automatically send the correct information about the original script and refills to PMP.

Problem: The prescriber has specified a minimum interval for part fills. How can I make sure it doesn’t get filled early?

Solution: Call up to the F12 screen and enter the interval specified by the prescriber in the Min Interval field on the Plans tab.

Hint: If you need to fill the prescription early, call up the prescription, remove the Min Interval value, fill the prescription, and then re-add the Min Interval value.